

Arlington Career Center
Academic Advising Season

For SY25-26





Presentation Agenda

1. Welcome & Introductions
2. What is Academic Advising Season?
3. Back to Basics - Diploma Types/Graduation Requirements
4. ACC Course Content Area Offerings
5. Which ACC courses are for me?
6. Elective Sequences & CTE Certifications
7. NOVA Dual Enrollment (DE) Course FAQ
 - a. Dual Enrollment Course Accommodations for students with an IEP or 504 Plan
8. Finding your Grade Point Average (GPA) Naviance
9. Academic Advising Season Timeline
10. Course Request Forms - What to expect
11. What Next?
12. ACC-Specific

Welcome & Introductions



John Crews

Arlington Career Center
Rising 9th Grade Counselor



Nina Kuziel

Arlington Career Center
Rising 10th Grade Counselor



Carrie Schaefer

Arlington Career Center
Rising 11th Grade Counselor



Theresa Gentile

Arlington Career Center
Rising 12th Grade Counselor



Kathleen Brewster

Arlington Career Center
Director of Counseling



Claudia Vasquez

EL Institute
School Counselor



Starlene Aydlett

Intervention School
Counselor



Frank DeRocco

Arlington Career Center
College & Career Counselor

What is Academic Advising Season?



Academic Advising season is an exciting time of year!

This is an opportunity for students to explore course offerings and to make course requests for next school year. Students work closely with their school counselor, teachers and families to make course requests that are of interest to them and in alignment with their post-secondary plans and career goals.

The course requests that students make:

- determine their individual daily schedule
- drive the master schedule for our school
- influence our hiring and staffing decisions

Diploma Types & Graduation Requirements



Advanced Diploma

26 Total Course Credits*

- 4 English
- 4 Math
- 4 Science
- 4 History & Social Sciences
- 2 Health/PE (+ First Aid/CPR/AED Training)
- 1 Economics & Personal Finance
- 3 World Languages (or 2 of 2 languages)
- 1 Fine Art or CTE
- 3 Electives (including a sequence)



Standard Diploma

22 Total Course Credits*

- 4 English
- 3 Math
- 3 Science
- 3 History & Social Sciences
- 2 Health/PE (+ First Aid/CPR/AED Training)
- 1 Economics & Personal Finance
- 2 World Languages, Fine Arts OR Career & Technical Education
- 4 Electives (including a sequence)

Verified Credits (SOLs): 5 Total

- 2 English (Reading & Writing)
- 1 Math
- 1 Science
- 1 History

Additional Requirements

- Complete 1 "Online" course (and)
- Complete 1 Honors, AP, DE or IB course (or)
- Complete 1 HQWBL (or)
- Earn a CTE Credential.



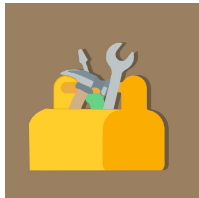
Sequential Elective & CTE Certification

What is an Sequential Elective?

It's easy! $1+1=2$ (Example: Art I + Art II)

Question: Why do you think the state of Virginia requires that high school students complete an sequential elective?

Answer: Virginia wants students to have a deeper understanding and appreciation for the course



What is a CTE Certification?

It's easy! It's a tool in your toolbox and also a graduation requirement.

ACC offers over 20 different CTE [Certifications](#) in areas such as: Automotive, Adobe, Cosmetology, EMT, education, even private pilot license!

Question: What are the benefits to earning a CTE Certification?

Answer:

- Help you get a job in an area of interest
- You can add it to your resume
- You have gained a working skill

ACC Course Content Area Offerings



English

Career & Technical Education (CTE)

Math

Fine Arts

Science

Engineering

Social Studies

Human/Public Services

Health & PE

Health & Medical

World Languages (WOLA)

IT/Digital Media Services

Economics & Personal Finance (EPF)

Computer Science ... **and more!**

Which ACC courses are for me?



First, ask yourself:

- What ACC program am I in?
- What grade will I be in next year?
- What diploma type am I pursuing?
- What are my career interests?
- What topics bring me joy?
- What are my extracurricular activities?
- Have I met necessary prerequisites?
- How am I doing in my classes now?

Second, consult:

- APS [Program of Studies](#)
- ACC Elective Fair - Jan. 24th Lunches
- The [ACC Website](#)
 - [CTE Course Descriptions](#)
- Talk to your teachers
- Talk to your family
- Talk to your counselor:
 - What diploma type am I pursuing?
 - Have I fulfilled my sequential elective?
 - Have I earned any CTE certifications?

New source for class info and description!

There's a new document called **KNOWLEDGE NAVIGATOR** that students can use to look up course descriptions from the teachers who TEACH the course to give you their perspective on the class (like how much work there is, what you actually do in the class, suggestions/tips for the class).

This will be available on our [ACC Counseling Corner Canvas Course](#)

or

Check it out [HERE!](#)



ACADEMIC RISK TAKING

One of the best things you can do for yourself is to enroll in challenging courses.



What are some of the advanced course options at ACC?

- **Intensified Courses**
 - Shows that you are not afraid of a challenge
 - Prepare for DE
- **Dual-Enrolled (DE) Courses**
 - Earn college credits while in HS.
 - 1.0 Quality Points
- **Career & Technical Courses (CTE)**
 - Earn industry certifications and valuable credentials for future employment.

WED

THU

FRI

WKND

Why should I take academic risks?

- The **strength of your schedule** is one of the top 5 aspects of college decisions.
- Students who take **challenging courses** in HS are more likely to be successful in college.
- **Intensified** and **Dual Enrollment** courses offer additional opportunities for challenge and exploration.
- By challenging yourself, you build **resiliency and better study habits**.

WED

THU

FRI

WKND

Please feel free to reach out with additional questions.



Ms. Kristin

Johns

Advanced Academics Coach



703.228.5500



Kristin.Johns@apsva.us



Advanced Academics at ACC



[@aps..advancedacademics.acc](https://www.instagram.com/aps..advancedacademics.acc)

WED

THU

FRI

WKND



NOVA Dual Enrollment Courses (DE) FAQ

Who: Any APS student who meets and maintains NOVA requirements (GPA & Pre/Co-Requisites) can enroll in a NOVA DE course

What: NOVA college courses are taught by NOVA adjunct faculty to high school students

Where: Most of the APS NOVA DE courses are taught at the Arlington Career Center

When: NOVA DE courses are taught during the school day (Fall Semester, Spring Semester, Full Year)

Why: NOVA DE courses challenge students, offer rigorous and exciting content and have the potential to earn college credit toward degrees and certificates.

Important Information Regarding NOVA DE Courses:

NOVA DE courses have NOVA-determined deadlines.

NOVA DE courses have NOVA-determined calendars.

NOVA DE courses have college-level expectations and time-commitment expectations

NOVA DE courses hold students accountable and rarely involve parent/guardian.

***Please see Mrs. Magro with any specific questions on courses and/or DEGREE plans!**



Deirdre Magro

Room 230

NOVA DE Coordinator

dmagro@nvcc.edu

NOVA Dual Enrollment Courses (IEP/504)



If you are a student with an approved APS IEP or a 504 Plan you may be eligible to receive accommodations in your NOVA DE courses.

Next Steps:

1. Obtain a copy of your most current IEP or 504 Plan
2. Go to NOVA's Online Accommodations & Accessibility Services Webpage:
<https://www.nvcc.edu/accommodations/index.html>
3. Click on "Apply for Accommodations"
4. Complete the online Application
5. Still have questions? Call NOVA 703-323-3000

Students - How to access your GPA - Naviance



Naviance is what APS uses as their college and career readiness platform

Access Naviance through your MyAccess

Click on your initials upper right corner

A screenshot of the Naviance student dashboard. The top navigation bar includes links for Home, Self-Discovery, Courses, Careers, Colleges, Planner, and About me. In the upper right corner, there is a user profile section with the initials "DD", language options "EN" and "ES", and a "Close Demo" button. A large yellow arrow points from the right edge of the image towards the "DD" initials. Below the navigation bar, the main content area is titled "Demo's Future Planning" and features a "Plan Your Future" section with a graduation cap illustration. To the right, there is a "Welcome to Naviance" message and a "Tasks from My School" table. The table has columns for "Task Or To-Do", "Priority", and "Date". One task is listed: "Complete Senior Exit Survey 23-24" with a priority of "None" and a date of "07/15/25". Below the tasks, there is a "What's New" section and a "GET STARTED" button. At the bottom, there are three columns for "Colleges I'm Applying To", "Colleges I'm Thinking About", and "Favorite Scholarships".

A promotional banner for the Portfolio tool. It features a photograph of a young woman looking at a laptop screen. The text on the right side of the banner reads: "Want to keep track of accomplishments? Use the new Portfolio tool to capture and share your academic highlights, achievements, extracurriculars, and more." At the bottom of the banner, there is a pink button that says "GET STARTED".

Students - How to access your GPA - Naviance



You can use Naviance

- College research
- Career research
- Career assessments
- Resume writing
- College visits
- Portfolio
- Test scores
- Surveys

Parent Naviance Account?
Email Mr. DeRocco
frank.derocco@apsva.us

A screenshot of a Naviance account profile for "Demo DeRocco". The profile is divided into several sections: "Personal", "Contact", and "Academic". The "Personal" section includes fields for Nickname, Counselor (Frank DeRocco), Year of Graduation (2025), ID # (12345), State ID, Ethnicity (N/A), and Citizenship. The "Contact" section includes Home Phone, Mobile Phone, Address, and Email (frank.derocco@apsva.us). The "Academic" section includes GPA (N/A), Weighted GPA (N/A), Rank (N/A), and Class Size. A yellow arrow points from the "Academic" section towards the left side of the page.

ACCOUNT
Demo DeRocco

General Information Parents/Guardians Security

Personal EDIT

Nickname
-

Counselor
Frank DeRocco

Year of Graduation
2025

ID #
12345

State ID
-

Ethnicity
N/A

Citizenship 1
-

Citizenship 2
-

Contact EDIT

Home Phone
-

Mobile Phone
-

Address
-
-
-

Email
frank.derocco@apsva.us

Academic

GPA
N/A

Weighted GPA
N/A

Rank
N/A

Class Size

Course Request Forms



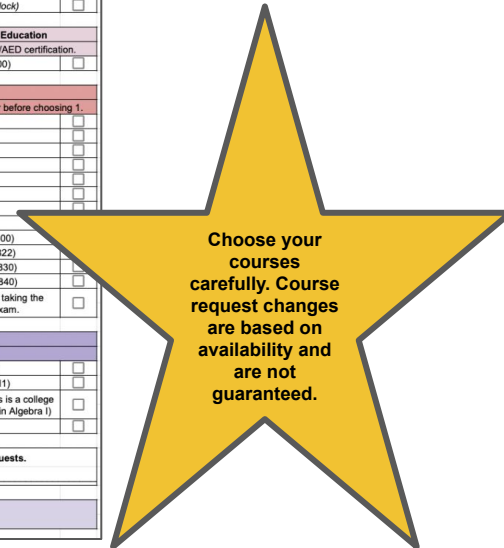
There are different CRF Forms for different students. Be sure you have the correct CRF Form for YOU!

- Arlington Tech Rising Grade 9
- Arlington Tech Rising Grade 10
- Arlington Tech Rising Grade 11
- Arlington Tech Rising Grade 12
- Academic Academy Rising Grade 9-12
- EL Institute Rising Grade 9-12
- Electives/World Language CRFs
- PEP Program

The CRF Forms are easy to read and look something like this



Course Request Form Arlington Tech Rising 9th Grade			
Student Last Name: _____		Student First Name: _____	
Student ID Number: _____		Middle School: _____	
English Choose 1	Social Studies Choose 1	Science Choose 1	
English 9 (21130) <input type="checkbox"/>	World History (22216) <input type="checkbox"/>	Biology (24310) <input type="checkbox"/>	Lab Course <input type="checkbox"/>
English 9 Intensified (21132) <input type="checkbox"/>	World History Intensified (22343) <input type="checkbox"/>	Biology Intensified (24315) <input type="checkbox"/>	Lab Course <input type="checkbox"/>
Journalism: Newspaper (21205) <input type="checkbox"/>			
Math Consult with your math teacher and your 8th grade counselor before choosing 1.			
Algebra 1 (Sem 1) & Geometry Principles (Sem 2) (23130 & 23142) <input type="checkbox"/>		This course occupies 2 blocks <input type="checkbox"/>	
Geometry (23143) <input type="checkbox"/>		Prerequisite: Algebra I (1 block) <input type="checkbox"/>	
Geometry Intensified (23141) <input type="checkbox"/>		Prerequisite: Algebra I (1 block) <input type="checkbox"/>	
Algebra II (23135) <input type="checkbox"/>		Prerequisite: Geometry (1 block) <input type="checkbox"/>	
Algebra III/Trigonometry Intensified (23136) <input type="checkbox"/>		Prerequisite: Geometry Intensified (1 block) <input type="checkbox"/>	
Arlington Tech Grade 9 Engineering Elective This is a requirement for Arlington Tech 9th grade students.		Health & Physical Education This course includes CPR/AED certification.	
Engineering I: Intro to Engineering (2845) <input checked="" type="checkbox"/>		Health & PE I (27300) <input type="checkbox"/>	
World Languages Advanced diploma requires 3 years of language. 2 years for 2 languages. Consult with your teacher and counselor before choosing 1.			
American Sign Language (25900) <input type="checkbox"/>	Spanish I (25510) <input type="checkbox"/>		
American Sign Language II (25905) <input type="checkbox"/>	Spanish II (25520) <input type="checkbox"/>		
American Sign Language III (25997) <input type="checkbox"/>	Spanish III (25530) <input type="checkbox"/>		
French I (25110) <input type="checkbox"/>	Spanish IV (25540) <input type="checkbox"/>		
French II (25120) <input type="checkbox"/>	Chinese I (25615) <input type="checkbox"/>		
French III (25130) <input type="checkbox"/>	Chinese II (25625) <input type="checkbox"/>		
French IV (25140) <input type="checkbox"/>	Chinese III (25630) <input type="checkbox"/>		
German I (25210) <input type="checkbox"/>	Chinese IV (25640) <input type="checkbox"/>		
German II (25220) <input type="checkbox"/>	Arabic I (Online Course 25800) <input type="checkbox"/>		
German III (25230) <input type="checkbox"/>	Arabic II (Online Course 25822) <input type="checkbox"/>		
Latin I (25310) <input type="checkbox"/>	Arabic III (Online Course 25830) <input type="checkbox"/>		
Latin II (25320) <input type="checkbox"/>	Arabic IV (Online Course 25840) <input type="checkbox"/>		
Latin III (25330) <input type="checkbox"/>	Check here if you are interested in taking the World Language Credit By Exam. <input type="checkbox"/>		
Latin IV (25340) <input type="checkbox"/>			
Career & Technical Education (CTE) & Fine Arts Electives Write "1" in the box for your top choice elective. Write "2", "3", "4", to indicate backup electives.			
Entrepreneurship (29094) <input type="checkbox"/>	Health Science (28303) <input type="checkbox"/>		
Digital Photography (29193) <input type="checkbox"/>	Space Force JROTC (29911) <input type="checkbox"/>		
Art I (29120) <input type="checkbox"/>	AP Computer Science Principles (This is a college level class. Prerequisite: 3 or better in Algebra I) <input type="checkbox"/>		
Aviation I (28731) <input type="checkbox"/>	UAS Drones (28910) <input type="checkbox"/>		
Auto Maintenance & Light Repair (28675) <input type="checkbox"/>			
Please choose your courses and alternates carefully. We will do our best to honor your course requests.			
Student Signature: _____		Parent/Guardian Signature: _____	
Return this form to your 8th grade counselor by: _____			



ACC Academic Advising Season Timeline



JANUARY

Attend this presentation!

January 24th Attend the ACC Elective Fair
(during lunch)

Start thinking about your classes for next year

Explore the ACC Website

Explore the Knowledge Navigator

Ask your teachers for input!

JANUARY/FEBRUARY

Feb 3rd AA Presentation AA/ AT Rising 12
Feb 4th AA Presentation for Rising AA/AT Rising 11
Jan 29th AA Presentation for Rising AA/AT Rising 10
Feb 10th AA Presentation for PEP

Feb 5th-14th Individual Academic Advising Meetings

- AT/AA Rising 10 (PE9)
- AT/AA Rising 11 (Science)
- AT/AA Rising 12 (English 11)
- ELI (Classrooms)
- PEP (Classrooms)

Feb. 21st- Signed CRF Forms Due to Counselors

AUGUST

Your daily schedule will
be available in
StudentVUE

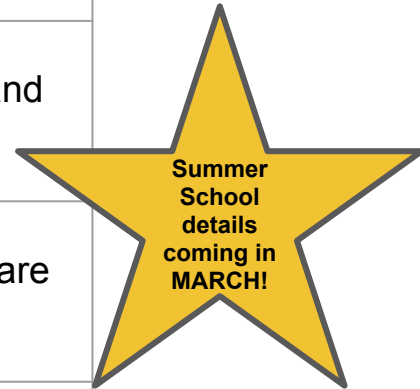
MARCH - JULY

Master Schedule Creation

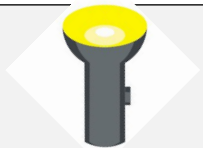
What Next?



Academic Academy	Counselors will be in touch with students and families to share next steps!
PEP Program	Counselors and IEP case carriers will be in touch with students and families to share next steps!
EL Institute	Claudia Vasquez will be in touch with students and families to share next steps!
Arlington Tech	Stick with us...we have some additional Arlington Tech pathway and Capstone information for you now...



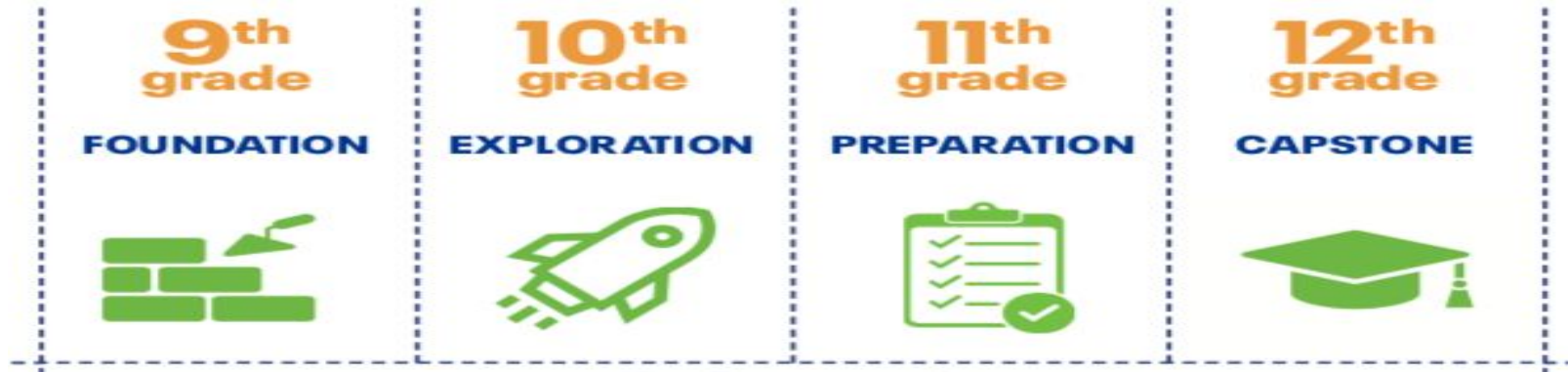
Arlington Tech Pathway Options (your counselor will work with you to go over your options)

Subject	Grade 9	Grade 10	Grade 11	Grade 12
Math	Algebra 1/Strategies Algebra I/Geometry Geometry Geometry Intensified Algebra II Alg. II/Trig Intensified Pre-Calculus	Geometry AFDA Algebra II Alg. II/Trig Intensified Advanced Algebra w/Trig Pre-Calculus Pre-Calculus (DE) Calculus (DE)	AFDA Algebra II Advanced Algebra w/Trig Pre-Calculus (DE) Calculus (DE) Quant. Analysis (DE) Pre-Calculus Probability & Statistics	Advanced Algebra w/Trig Calculus (DE) Vector Calculus (DE) Statistics (DE) Probability & Statistics Quant. Analysis (DE) Differential Equation (DE)
English	English 9 English 9 Intensified	English 10 English 10 Intensified	English 11 English 11 – Comp (DE)	English 12 English 12 – Lit (DE) English 12 - Comp (DE)
Science	Biology Biology Intensified	Chemistry Chemistry Intensified	Physics Physics I – Mech. (DE) Principles of Physics Environ. Science (DE)	Physics I – Mech. (DE) Physics II – E&M (DE) Biology (DE) Environ. Sci (DE) Astronomy Anatomy (DE)
Social Studies	World History World History Int.	Econ & Personal Finance	US & VA History US & VA History (DE)	US Government US Government (DE)
CTE	Engineering I Foundations CTE	Two Credit CTE Course	Two Credit CTE Course	Capstone Experience
Health/PE	Health/PE I	Health/PE II		
World Language	Level I Level II Level III	Level II Level III Level IV	Level III Level IV Level V (DE)	



Arlington Tech Capstone - Grade 12

- Culmination of an Arlington Tech student's cross-curricular, project-based learning, and career exploration
- Connected to student's CTE pathway
- Student Driven
- Designed to support the students' postsecondary plans
- Provide students opportunities not always available at their base school
- Work-Based Learning and Educational Options
- Built into your daily schedule



Arlington Tech Capstone Options - Grade 12

Work-Based Learning Capstones: provides students a gateway to apply and to advance their knowledge, technical expertise, and research skills learned in Career and Technical Education (CTE) courses within an authentic real world experience.

Educational Capstones: provides students a avenue to advance their educational experience beyond just a high school diploma, students graduate from a CTE pathway with entry-level career related industry certifications, or earn a college General Studies Certificate, or Associate Degree.



Academic Advising **Grade-Level Assemblies**

Rising 12	Feb 3rd	Academic Advising Assembly in the Commons during Archers
Rising 11	Feb 4th	Academic Advising Assembly in the Commons during Archers
Rising 10	Jan 29th	Academic Advising Assembly in the Commons during Archers



1:1 Academic Advising **Individual Meetings**

Academy/AT Rising 12/PEP	Feb. 5-14	Ms. Gentile will be meeting with you during your English class.
Academy/AT Rising 11/PEP	Feb. 5-14	Ms. Schaefer will be meeting with you during your Science class.
Academy/AT Rising 10/PEP	Feb. 5-14	Ms. Kuziel will be meeting with you during your Health/PE I class. *If you are not taking PE I this year, she will meet with you during another class.

